

# Region 43 Coaches Meeting



<http://ayso43.org>

## Fall 2008

# Agenda

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Introductions

**AYSO Organization/Philosophy/Goals**

**Region 43 Staff**

**2007 Season Calendar**

**Division Overview**

Volunteer Opportunities

Safe Haven - Kid's Zone

DC Update

Getting Started - Team Meeting - Practices

WebYouth Soccer tips

Coach Mentor program

Questions

Equipment & Uniform handout



# Handouts today

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- ❖ To save the trees:
  - ▶ We post everything on the web.



# Region 43 Board Members 2007

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- Regional Commissioner
  - Treasurer
  - Child & Volunteer Protection Advocate
  - Safety Director & Fields Commissioner
  - Divisions Commissioner
  - Coach Administrator, Regional
  - Referee Administrator, Regional
  - Registrar
- ALAN BLACK  
FRANK PINKELMAN  
DONNA VIERAITIS  
STEVE BROCKSEN  
JANE BOHRER  
FUAD ABU NOFAL  
LAURENT DELAMARE  
DARYL ODNERT



# AYSO Philosophy

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Develop and deliver quality youth soccer programs which promote a fun, family environment based on five philosophies:

- \* **Balanced Teams** *(Common Regional U8 / U10 rules)*
  - *Same number of fielded players (unless sent off or injury)*
  - *Opposing Team Roster totals within two (players and subs; swap)*
  - Referee can disallow “unsafe” game if not met
- \* **Everyone Plays**
  - *No child sits out a 2nd time until all have sat out at least once*
  - Referee records subs on game card; not required to enforce at game time
- \* **Good Sportsmanship**
  - Help players understand mutual respect for opposing players (foul, injury)
  - Set an example of good sportsmanship (but not favoritism!)
- \* **Open Registration**
- \* **Positive Coaching**
  - Assure Coaches and Spectators comply; use Coaches to ensure
  - Unsafe otherwise and can suspend and possibly terminate game

*Sub-points are Referee specific; Philosophy on every exam*



# AYSO Team

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**Referees  
(parents)**

**Spectators  
(parents)**



**KIDS**

**Coaches  
(parents)**

- **work together**
- **help each other**
- **protect each other**
- **do their best**



# Spirit of Soccer

AYSO

**S**afe,

**F**air, and

**F**un

*To keep in the back of your mind at ALL times*



# Coach Safe Haven Certification

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- ❖ What is it?
- ❖ Who takes course?
- ❖ How often?
  - Required to do only once
- ❖ Online course through eAYSO.org
- ❖ Seeking 100% compliance for your protection as well as the kids



# Game Card Fill-out Procedures

To Referee

By Referee

- Names and Jersey #
- Missing Players
- Team / Match Info

Official Lineup Form

DATE: 9/7/91 DIV: 5 LEAGUE: GS21

TEAM NAME: Green Giants

TEAM COLORS: Green/black

COACH NAME: Susan Verdusco

ASSISTANT COACH NAME: Ted Ho

NO	PLAYER NAME	Goals Scored				Sub. Played
		1	2	3	4	
1	Smith, Jolley					
2	Neas-Williams, Karen					
2	Wong, Alice					
4	Hernandez, Jen					
5	Johnson, Katie					
6	Kakutani, Riyomi					
7	Michaels, Serena					
8	Worth, Katie <b>SICK</b>					
9	Allen-Goldman, Rachael					
10	Marques, Roberta					
11	Ho, Lisa					
12	Weissman, Sara					
13	Verdusco, Elena					
14	Coupez, Naamaad					

\* Indicates GK - Goalkeeper, C - Captain, A - Alternate Captain.  
 All players on roster must be listed, indicate reason for absence.

Date: 9/7/91 Time: 8:30 Field: J.L.S. 2

Home Score: \_\_\_\_\_ Home CP: \_\_\_\_\_

Visit Score: \_\_\_\_\_ Visit CP: \_\_\_\_\_

Please must sign reverse side. Leaving form: \_\_\_\_\_

Official Lineup Form

DATE: 9/7/91 DIV: 5 LEAGUE: GS21

TEAM NAME: Green Giants

TEAM COLORS: Green/black

COACH NAME: Susan Verdusco

ASSISTANT COACH NAME: Ted Ho

NO	PLAYER NAME	Goals Scored				Sub. Played
		1	2	3	4	
1	Smith, Jolley		X			
2	Neas-Williams, Karen		X			
2	Wong, Alice					GG
4	Hernandez, Jen					X
5	Johnson, Katie		X			
6	Kakutani, Riyomi					X
7	Michaels, Serena			X		
8	Worth, Katie <b>SICK</b>					
9	Allen-Goldman, Rachael		X			
10	Marques, Roberta					X
11	Ho, Lisa		GG			X
12	Weissman, Sara			X		
13	Verdusco, Elena					X
14	Coupez, Naamaad					X

\* Indicates GK - Goalkeeper, C - Captain, A - Alternate Captain.  
 All players on roster must be listed, indicate reason for absence.

Date: 9/7/91 Time: 8:30 Field: J.L.S. 2

Home Score: 2-1 Home CP: GS23

Visit Score: 3-2 Visit CP: GS21

Please must sign reverse side. Leaving form: GS23

- Subs Out (X)
- Goals by (!)
- Goal Keeper (G)
- Score and Team

Before Game

After Game



# Balancing Team Stats -- Bad Job

No.	Player	Quarters Present	Quarters Played	Quarters As Keeper	Quarters Absent	Quarters Injured	Goals Scored
11		32	29 90%				
8		20	17 85%		12 37%		2
10		28	19 67%		4 12%		
12		32	23 71%	2 6%			
9		18	13 72%		12 37%	2 6%	
3		32	20 62%				
16		28	20 71%	1 3%	4 12%		
4		32	27 84%				1
14		28	23 82%	1 3%	4 12%		
7		32	30 93%	11 34%			1
5		32	20 62%				
18		20	14 70%		12 37%		1
17		32	24 75%				
15		28	26 92%		4 12%		
6		32	30 93%	12 37%			
2		32	19 59%	1 3%			
13		32	25 78%				



# Balancing Team Stats -- Better Job

No.	Player	Quarters Present	Quarters Played	Quarters As Keeper	Quarters Absent	Quarters Injured	Goals Scored
2		23	21 91%	3 13%	9 28%		
5		13	12 92%	1 7%	19 59%		4
14		16	14 87%		16 50%		1
9		20	19 95%	5 25%	12 37%		3
13		28	27 96%	9 32%	4 12%		4
10		16	14 87%		16 50%		
16		28	25 89%		4 12%		2
11		20	18 90%	2 10%	12 37%		3
15		28	23 82%		4 12%		
3		29	25 86%	1 3%	3 9%		
6		28	24 85%	2 7%	4 12%		2
4		32	27 84%				3
7		28	23 82%	1 3%	4 12%		
12		28	25 89%	2 7%	4 12%		3
8		32	28 87%	3 9%			
17		32	28 87%				2

Note that player with highest playing time was keeper 32% of the time



# Where are our fields?

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- ❖ AYSO Region 43 has limited field availability
  - ▶ We used all LASD and some of the city field
  - ▶ Only enough space for 1 practice per week
  - ▶ We compete with other sports: Flag Football and MVLA Soccer Club
  - ▶ K-4 teams stay local; “full time equivalent”
  - ▶ In essence, 1 field hour per player per season



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# **DIVISION UPDATES**

## **IN BRIEF**



# U6 Division

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- ❖ **U6 Rules** (8-18-06 ver B Policy of Play)
  - ▶ AYSO National Jamboree guidelines
  - ▶ 2 3v3 scrimmages per “team” of 6 (19 teams)
  - ▶ No Keeper (but no planting defender in goal; unsporting)
  - ▶ Cone goals; Field corners by cones, no lines
  - ▶ 25x24yd field (1/2 of U8 field)
  - ▶ All 10yd distances shrunk to 4 yd; 10 minute half
  - ▶ All DFK restarts
  - ▶ No offside (but no planting attacker near goal; unsporting)
  - ▶ Over 100 players vs 72 last year – split into Boys and Girls teams.
  - ▶ Fields:



# U7/U8 Divisions

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- ❖ U7/U8 Rules (8-18-06 ver B Policy of Play)
  - ▶ “AYSO National Short Sided Games” guidelines
  - ▶ 2 5v5 on parallel fields (min 4, max 6); same fielded team sizes
  - ▶ No Keeper (but no planting defender in goal; unsporting)
  - ▶ 5' x 3yd goals (4'x3yd for U7); 50x30yd field
  - ▶ All 10yd distances shrunk to 6 yd; 20 minute half
  - ▶ All DFK restarts; no IFK's; No PK's; no misconduct cards
  - ▶ No penalty area; no PK's (only goal area)
  - ▶ No offside (but no planting attacker near goal; unsporting)
  - ▶ Visiting team swaps mini-teams at half
  - ▶ Only coaches and teams in between mini-fields, if anyone
  - ▶ 11xU8G, 8xU7B, 11xU8B
  - ▶ Fields: ?
- ❖ Appendix A of Region 43 “Policy of Play” has a complete, comprehensive rule set for U7/U8 play



# U9/U10 Division

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- ❖ U9/U10 Rules (8-18-06 ver B Policy of Play)
  - ▶ 7v7 (min 5, max 7 on field), **NO 8v8 ALLOWED!**
  - ▶ Size 4 ball; Keeper but no more than ½ game (best ¼ of game)
  - ▶ 6' x 6yd goals; 70x35yard field
  - ▶ All 10yd distances shrunk to 8 yd; 25 minute half
  - ▶ No misconduct cards
  - ▶ Last game starts at 4PM -- need all games to start at specified time
  - ▶ No standings but intra region tournament
  
- ❖ Fielded Team Size at Game Time (if less that 7)
  - ▶ Coaches agree to same fielded team size at game time
  
- ❖ Teams:
  - ▶ 10xU10G, 9xU9B, 10xU10B
  - ▶ Need team referee that does 15 games in season for tournament
  - ▶ Fields: ?



# U12 Division

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- ❖ **U12 Rules** (8-18-06 ver B Policy of Play)
  - ▶ 9v9 play (7 min, 9 max), Size 4 ball (11 on a team)
  - ▶ Identical fielded team sizes (within 1)
  - ▶ If less than 7, must forfeit. Can then swap players and scrimmage.
  - ▶ 3 Referees; center is neutral; 30 minute half
  - ▶ Rare if ever misconduct cards; mental injury
  - ▶ Field size ~90yd x 45yd; 7' x 7yd goals
  - ▶ Area tournament play possible
  - ▶ Fields: Santa Rita 1 & 2 shared with Flag Football & U14 plus travel to Sunnyvale
- ❖ **Teams**
  - ▶ 8xU12B and 6xU12G
  - ▶ Interlock with Sunnyvale



# U14 Division

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## ❖ U14 Rules (8-18-06 ver B Policy of Play)

- ▶ Standard FIFA rules with AYSO sub and times
- ▶ 11v11 play (7 min, 11 max), Size 5 ball
- ▶ **If less than 7, must forfeit. Can then swap players and scrimmage.**
- ▶ 3 Referees; all neutral; 35 minute half
- ▶ Misconduct cards as needed
- ▶ Minimum full field sizes (~105yd x 65yd)
- ▶ Area tournament play possible; standings kept
- ▶ Fields: ?

## ❖ Teams

- ▶ U14B 4 teams with Mt View (Reg 45)
- ▶ U14G 4 teams with Mt View (Reg 45)



# U16/U19 Division Overview

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- ❖ **U16/U19 Rules** (8-18-06 ver B Policy of Play)
  - ▶ Standard FIFA rules with AYSO subs and time
  - ▶ see Area 2A doc (ayso2a.org)
  - ▶ 11v11 play (7 min, 11 max), Size 5 ball
  - ▶ **If less than 7, must forfeit. Can then swap players and scrimmage.**
  - ▶ 3 Referees; all neutral; 40 or 45 minute half
  - ▶ Misconduct cards as needed
  - ▶ Minimum full field sizes (~110yd x 70yd)
  - ▶ Area play until High School season starts; standings kept
- ❖ **Teams**
  - ▶ 1xU16B, **2xU16G**, 1xU19B, **0xU19G (Not enough players)**
  - ▶ Practice Rosita and maybe Stevenson (Mt View)
  - ▶ Sunday play: Rosita home field



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# Referees Needed



# New Referees Needed!

- ❖ We need more referees than coaches
  - ▶ 3 refs per games (2 in U7/U8)
  - ▶ We don't require referees to come every Saturday
- ❖ Younger divisions must provide pipeline of new entry level referees
- ❖ U9, U10 and U12 teams
  - ▶ It's OK to start as AR
  - ▶ Encourage siblings to sign up too
- ❖ Team referee = ticket to tournament



# You can help recruit & retain referees

- ❖ Ask one of us to attend your team meeting
- ❖ Point them to our FAQ at [ayso43.org](http://ayso43.org)
  - ▶ I don't have any experience
  - ▶ I can't referee every Saturday
  - ▶ I don't have time to take the training
  - ▶ I can't put up with coaches and spectators
- ❖ Throughout the season
  - ▶ Work as a team with the refs
  - ▶ Make sure the refs have a nice experience so they come back next season!
  - ▶ Zero-tolerance on yelling at Youth referees



# Supervision of Children

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- ❖ Head Coach assumes **charge of the children** on his/her team until duly designated adult takes charge of child after practice or game or the child leaves the immediate vicinity of the practice or game as prearranged by the parent (e.g. walking home)
- ❖ Game Referee is responsible for providing a “**child safe**” atmosphere before, during, and after the match, and has both the **duty and authority** to take any reasonable action to make it so
- ❖ Recommended supervision – Safe Haven rules:
  - ▶ 1 adult for every 8 or fewer children
  - ▶ 2 adults present at all times
  - ▶ 1 adult same gender, one the coach
  - ▶ Never alone with child or group of children (except own)



# AYSO Kids Zone

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- ❖ Dynamic program targeted to eliminate negative sideline behavior. It is aimed toward producing a thoroughly positive impact on everyone involved in youth soccer.
  - ▶ Positive, Instructive and Encouraging (PIE)
  - ▶ Prescriptive Coaching versus Descriptive Cheering
  - ▶ Stay in your prescribed area (10 yards on either side of half line, 3 feet from sidelines)
  - ▶ Cheer-- a lot; Laugh -- a lot
- ❖ Detail on [AYSO43.org](http://AYSO43.org)

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# Introducing the DCs



# Team Formation

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Region 43 general goals are:

- ❖ Balanced teams
- ❖ Equal distribution of assistant coaches
- ❖ Equal distribution of refs coming from each team
- ❖ Equal distribution of school and grade level
  - ▶ try for min of 2, max 3 from same school **and** grade per team
- ❖ Avoid teams made up of one school
- ❖ One buddy per team, if **both** request on reg form



# Maximizing Player Participation

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- ❖ Available to practice on team practice day
  - ▶ Specified by coach when selecting practice field
  - ▶ Specified by player in registration (one day conflict allowed on form)
  
- ❖ Placed on team with at most one other person indicated in sibling field
  - ▶ Carpool opportunity
  - ▶ Buddy



# Balanced teams implies

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- ❖ **Roughly equal playing ability** across teams as measured primarily by:
  - ▶ Goals scored
  - ▶ DC's personal knowledge of the players
  - ▶ Normalized coach evaluations
  - ▶ Parents' ratings of their child player
- ❖ **Roughly equal distribution** of related factors:
  - ▶ School grades (4th vs 3rd, for example)
  - ▶ Ages of players (average age as measured by months from cutoff date)

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# COACH ORIENTATION



# Coaching Admin Team

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- ▶ Regional Coach Administrator

- Contact at [rca@ayso43.org](mailto:rca@ayso43.org)
- Or [ayso43rca@gmail.com](mailto:ayso43rca@gmail.com)

- ▶ Coach Coordinators

- First contact for coaching questions
- Advocate for coach whereas DC must “monitor” coaches in division



# Coach Training

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## ➤ **Region 43 goal: ALL coaches and assts**

- **age appropriate training in soccer and player skill**
- **Safe Haven certified**

## ➤ **WHY?**

- **Coaching kids is different than being a soccer playing adult**
- **AYSO philosophy and training works. More consistent and better quality coaching**
- **Educational, Motivational and FUN!**

## ➤ **See Coach Training page in WYS**



# AYSO Coach Training Programs

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- ❖ U6 2 hours (also during practices)
- ❖ U8 2 hours
- ❖ U10 3 hours
- ❖ U12 5 hours
- ❖ U14 15 hours (Intermediate)
- ❖ U16 18 hours (Advanced)



# Coaching the Coaches

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- ❖ Professional AYSO coach (From UK Soccer) to come to each team 1-2 times in season
- ❖ Run a practice session with coach learning tips from watching/participating
  - ▶ Drills for kids
  - ▶ How to keep practice running smoothly
  - ▶ Answer questions on age appropriate teaching



# Coach Equipment

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## ❖ Supplied by Region:

- ▶ Balls (1/2 per player), pumps, bag, cones, discs, first aid kit

## ❖ Supplied by You:

- ▶ player reg forms and Kids Zone (get signed)
- ▶ Ice packs and/or cooler with ice (styrofoam frozen cups?)
- ▶ Extra water, extra shin guards if have them
- ▶ Cell phone (with LA 911# programmed 947-2779)
- ▶ Chalk talk board
- ▶ Paper/pen, hand towel, extra hair ties (girls)
- ▶ Lineup cards, Attendance sheet/who will be missing next game
- ▶ List of suggestions/teachable moments/congrats from last game
- ▶ Know the time of weekend's game because someone won't remember!
- ▶ Get “sweet spots” for younger players’ shoelaces



# Getting Started

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- ❖ **Get help from other parents**
- ❖ Communicate with your asst coach/players/parents
  - ▶ Welcome email with your bio, practice locations, times, etc
  - ▶ Schedule Parent Meeting (parents bring calendars to review known absences)
    - Let them know the volunteer positions available ahead of meeting so they come prepared
  - ▶ See example on web of Parent Meeting letter
    - has list of volunteer roles and AYSO expectations for parents, resources, etc



# Getting Started (cont)

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- ❖ Take coach training course
  - ▶ Including Safe Haven – course is now online
- ❖ Pick up uniforms, balls, first aid kits
- ❖ Forms:
  - ▶ Print out team roster before first practice
  - ▶ READ forms: know if kid has asthma, etc
  - ▶ Print out player registration forms
    - One set for each coach/asst
    - Have parents sign all forms– must be original signature
    - Keep with you at ALL practices/games (put in gallon size plastic bag or binder). Give to covering adult if you're absent
    - Return one set to your Division Coordinator at end of season (legal requirement for region)



# Parent Meeting Tips

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## BEFORE MEETING:

- ❖ Send email to all parents with date, time, location (your house is best), directions, and reason for meeting (meet, volunteer, see uniform)
- ❖ Print out dates of college and professional games schedule if want team to go to one
- ❖ Small snack and water
- ❖ Get name tags, extra pens



# Parent Meeting planning

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- ❖ Print 2 Registration forms and one Parent Meeting letter per kid. Put family name at top of meeting letter to keep track of ones not distributed
- ❖ Print Kids Zone letter (on web)
- ❖ Print Volunteer Sign Up form (on web)
- ❖ Pick date for Parent/Kid game, include on Parent Meeting letter
- ❖ Paper clip forms for each parent with family name on Parent Meeting letter



# Parent Meeting Agenda

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## AT MEETING:

- ❖ Keep to 45 minutes, short and sweet
- ❖ Name tags help
- ❖ AGENDA (use Parent Meeting letter as guide)
- ❖ Introductions:
  - \*Parents (name, soccer experience?)
  - \* Kids (name, grade, school, experience)



## Parent Meeting Agenda (cont)

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- ❖ AYSO and your philosophy of kids' soccer, review Kids Zone guidelines and ask them to sign form
- ❖ Review Reg forms, sign
- ❖ Schedule
- ❖ Absences
- ❖ Incentives for extra soccer practice on own? (e.g. 1000 minutes)
- ❖ Special team activities (attend college games, parent/kid games)



## Parent Meeting Agenda (cont)

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- ❖ Team composition
- ❖ Team name
- ❖ Uniforms (show example)
- ❖ Equipment
- ❖ Web Youth Soccer info, check for updates through season
- ❖ Volunteer sign ups. **Get refs! (need one Parent Ref per team in U8-U12)**



# Parent Meeting (after)

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- ❖ Distribute Reg forms between you and assistant right after meeting. Keep one set with balls
- ❖ Send any corrected info from Reg forms to your DC to update WYS
- ❖ Contact parents who missed meeting, let them know that forms need to be signed before kid can practice.
- ❖ Ask team parent to get missing parents to volunteer for empty positions



# Parent Meeting letter (cont)

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- ❖ Available on WYS under coach tab
- ❖ Includes:
  - ▶ Welcome
  - ▶ AYSO Philosophy
  - ▶ Schedule
  - ▶ Absences
  - ▶ Special Team Activities
  - ▶ Team Composition
  - ▶ Team Name
  - ▶ Uniforms
  - ▶ Equipment
  - ▶ WYS
  - ▶ Parent Volunteer Roles
  - ▶ Contact info



# Examples of team spreadsheets

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- ❖ Jersey #/Name/family email/team job/home phone/mother and father name and cell phone
- ❖ Games schedule with snack family and expected absences



# First Practice Suggestions

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- ❖ Label balls with division/team number
- ❖ Bring balls, first aid kits, signed Reg forms (kids can't play w/o them)
- ❖ Take individual photo of all kids and coaches
  - ▶ Distribute photos of team at second practice
- ❖ Play name game
- ❖ Pick team name
  - ▶ Pick once you know your uniform color (and put it on WebYouthSoccer that evening!)
- ❖ Give banner parent name of team immediately
  - ▶ So banner will be done by first game



# First Practice (cont)

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- ❖ Be sure to scrimmage every practice!
  - ▶ Start and end practices with one, gets everyone there on time
  - ▶ Stretch every practice and game
    - set good example, good for coaches too!
  - ▶ Run with the kids if you can
- ❖ Assign jerseys by size not number
  - ▶ Line kids up by height at end of practice
  - ▶ Write down numbers and enter on WYS
- ❖ **Do Not Distribute Jerseys in the First Practice**
  - ▶ **Wait until week before first game in case of any last minute team changes**



# Future Practices and other ideas

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- ❖ 1000 Minutes to Better Soccer
  - ▶ See [ayso.org](http://ayso.org)
  - ▶ Check players' progress/practice sheet each week
- ❖ Have practice plan for each week
- ❖ Have a parent-coach versus player game
  - ▶ Near beginning and/or end of season
- ❖ Breakfast party with colored hair spray
- ❖ Attend Stanford, SCU, SJSU games as a team (in uniforms?)
- ❖ Save your receipts for equipment bought for team for tax purposes (non profit organization)
- ❖ Incentives?
  - ▶ Ice cream coupons for highest total minutes practice at home
- ❖ Other ideas? Send to RCA for next year's presentation



# Games

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- ❖ Confirm number of players expected at the game at that week's practice
- ❖ Keep track of goal keepers/positions each game
  - ▶ Be sure to rotate positions (U12 and below)
  - ▶ Check WYS stats regularly (see later slide)
- ❖ No sleepovers on Fridays : )
- ❖ Print out Game Card (see 'Web Tips')
- ❖ Arrive 20-30 minutes early to warm up (earlier if in charge of nets; first game of the day)
- ❖ Give Game Card to referee (don't fill in area on right, leave blank for refs)



# Games (cont)

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- ❖ **Sit down** during game and write notes
- ❖ Stay within 10 yards of half-line and 3 feet away from touchline. No one behind goal line at any time!
- ❖ Teach team some cheers for the season
- ❖ Parent who is too aggressive and negative?
  - ▶ Give them a task like to record stats such as assists or turnovers or similar
- ❖ Coach and team thank ref at end of game
- ❖ Parent bridge for both teams?
- ❖ Clean up your area – water bottles, etc



# BLOW OUTS

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- ❖ Definition: one team ahead by 6 goals
- ❖ Goal and Mandate: NO blowouts ever
- ❖ How to avoid:
  - ▶ Change positions if 3 goals ahead: defenders move forward, strong scorers move to defense or keeper
  - ▶ Ask team to have anyone who hasn't scored this season to be the next one to score (pass/assist)
  - ▶ Minimum 3-5 touches then pass
  - ▶ Score only with left foot
  - ▶ Be circumspect: don't make it obvious to other team (by counting passes out loud)



# BLOW OUTS (cont)

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- ▶ Let team know you're looking at teamwork and skill with ball rather than scoring
  - ▶ Let losing team move ball out of their defensive half before touching ball
- ❖ Best option for younger players is to change positions. They have a hard time holding back

# End of Season

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- ❖ Fill out player evaluations early! Send to DC
- ❖ Send one set signed Reg forms to DC
- ❖ Team Party
- ❖ Awards
  - ▶ Player trophies and photos given to you only if all forms received by your DC
  - ▶ Paper plate award? (nicknames written on plate)
  - ▶ Brief comment on kid's season
- ❖ Distribute photos of the season
  - ▶ From photography parent
  - ▶ Team photo
- ❖ Come to Volunteer Party!!



# Paper Plate Awards

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- ❖ A list of silly possible “award titles” to put on a paper plate
  - ▶ Energizer Bunny, Killer Kicker, Deadly Defender, Perfect Passer, Gifted Goalie, Secret Weapon, Shooting Star, Cool Crosser, Super Shot, Speed Demon, Awesome Attitude, Sweet but Deadly, Super Stopper, Spirited Soccer Star, etc.

# Volunteer Forms

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- ❖ Who?
  - ▶ Coaches, Refs, Board
- ❖ Why?
  - ▶ AYSO policy for any adult in direct contact with children
- ❖ How?
  - ▶ **ONLY the eAYSO.org volunteer form is acceptable.**
- ❖ Next step?
  - ▶ Give to your CC or if you want more privacy mail to CVPA, AYSO43, PO Box 1303, Los Altos, CA 94023
- ❖ Reviewed?
  - ▶ Randomly selected, CVPA reviews for accuracy, references checked
- ❖ Annually? Yes, fill out again each year



# Forms in review

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- ❖ Volunteer form: send to Coach Coordinator who will send to CVPA
- ❖ Registration form: send one signed one to Division Coordinator at end of season
- ❖ Evaluations: send to DC at end of season
  - ▶ We need the Evaluation forms before you get Trophies



# Practice Locations

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- ❖ Check WYS for locations, layouts of fields
- ❖ Rosita                    U7B, U8B, U8G
- ❖ Almond                    U9B, U10 B
- ❖ Egan patch                U10G
- ❖ Santa Rita                U12G, U12B, U14 (pract)
- ❖ Egan/Hillview            U14 (games)
  
- ❖ Coach Games at Almond Sunday pms (TBA)
  - ▶ Any volunteer to coordinate?



# Fields Policy

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- ❖ First / last team coaches (or on practice day)
  - ▶ Setup / take down corner flags
  - ▶ Setup / take down goals; clip to stakes or combo lock to fence
  - ▶ Put up / take down “Kids Zone” poster (in boxes)
  - ▶ Take out or put all away in field box
- ❖ Rain-outs
  - ▶ School district -- no policy, fields in bad shape already, use discretion
  - ▶ LA City (Hillview, Rosita) -- no play if rained in past 48 hours or over watered
  - ▶ No rescheduling (no available field slots)



# Field Procedures

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## ❖ “Nets”

- ▶ Will be on your game schedule  
See WYS for instructions

## ❖ Field Boxes

- ▶ Stores nets, corner flags, Kids Zone banner
- ▶ Relatch locks immediately to box or cable and fence so not lost
- ▶ Never leave unlocked during day !!!
- ▶ Last team puts away equipment and locks
- ▶ Ask your Coach Coordinator if you forget the combo



# Field Procedures (cont)

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## ❖ Goals:

- ▶ All goals must be off school fields during school day
- ▶ Rosita “hockey” (U7/8) goals off field when not in use so mowing can happen
- ▶ Last team on field for game/practice is responsible for moving and relocking goals to fence



# Fielded Team Size (U12 and below)

- ❖ Before game time and at half time, coaches must agree on the same number of players from each team to field
  - ▶ within allowable min and max for division
  - ▶ is not adjusted dynamically during half as injuries, absences, equipment, misconduct, and team changes occur
  - ▶ It is unsporting for a coach to insist on a fielded team size larger than what the other team has available
  - ▶ If one of the teams is below the “min”, then forfeit, rebalance teams by swapping players, and scrimmage
- ❖ Applies to Small Sided Games (U12 and below)



# AYSO Playing Time Rule (all divisions)

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- ❖ AYSO National “Everyone Plays”
  - ▶ Every able and willing player present must play at least  $\frac{1}{2}$  the game (no bench warmers)
  - ▶ A player cannot play more than  $\frac{1}{2}$  the game as keeper and must play at least one quarter (period) not as a keeper (Small Sided Game rule)
- ❖ Area / Regional “Everyone Plays” refinement
  - ▶ Every able and willing player must sit out one “quarter” before any other player sits out a second “quarter”
  - ▶ Keeper position is rotated during game and throughout season in U12 and below, no child plays more than half a game as keeper (ok in U14 and above)
  - ▶ Across season, every kid gets as equal playing time as possible and equal chances to start the game



# AYSO Substitution

- ❖ Approx midway each half; slightly extended normal stoppage
  - ▶ Stop for 30 seconds or less; maybe quick water if hot
  - ▶ Kids stay on field (parents stay off, hand water from sidelines)
  - ▶ Kids leaving let ref see jersey number
  - ▶ Subs take field position of those leaving (suggested)
  - ▶ Keeper change OK but quick
  - ▶ Remember, here for fun and to let kids keep playing
- ❖ Half time
- ❖ If injury and sub desired



# Game Schedules 2008

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- ❖ Will be available by soon on WYS
- ❖ U12 interlocked with Region 44  
Sunnyvale
- ❖ U14 interlocked with Region 45 Mt View
- ❖ U16/19 in area (county) play



# Web AYSO Tips

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- ❖ Sign in
- ❖ Click “Coach”
- ❖ Click “Select Team”
- ❖ Now on Team Info page
- ❖ Click Team Roster
  - ▶ To print: you will get a blank page unless you use Print Preview first then “print”
- ❖ Team Reg Forms
- ❖ To send welcome email
  - ▶ Find “Send to all parents” at the bottom of the list of emails
- ❖ **Coach Volunteer Form - on team info page**
- ❖ Team Registration Forms – on team info page



# Web AYSO Tips - continued

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- ❖ Message To Team: click on “edit” at top header of Team Info page
- ❖ Team Name
  - ▶ Enter it as soon as you have picked one
  - ▶ Click “edit” on Team Info page to enter
- ❖ Game Cards
  - ▶ On Team Info page (will be populated after games scheduled and posted on WYS)
  - ▶ Print before every game
  - ▶ Use card stock or heavyweight paper
- ❖ Practice Fields/Map
  - ▶ On home page under “Practices” tab
- ❖ Make Team Website (optional)

# RESOURCES

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## ❖ Websites:

- ▶ AYSO43.org
- ▶ Eayso.org (volunteer registrations and ID)
- ▶ AysoTraining.com (to take online classes)
- ▶ Soccer.org (AYSO National's web)
- ▶ AYSOhelp.org (PDF of manuals)

## ❖ Interested in the LOTG (Laws Of The Game)

- ▶ [http://www.fifa.com/mm/document/affederation/federation/81/42/36/lotg\\_en\\_55753.pdf](http://www.fifa.com/mm/document/affederation/federation/81/42/36/lotg_en_55753.pdf)



# COACHING RESOURCES

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- ❖ You can find a lot of free help on the web, examples:
  - ▶ Look for “Jeff Pill” – focus on youth coaching
  - ▶ For Excellent Short Video Clips, Go to:  
[http://www.soccerhelp.com/Soccer\\_Video\\_Clips.shtml](http://www.soccerhelp.com/Soccer_Video_Clips.shtml)
    - They want \$\$ for the full DVD
    - But Video clips are free



# Coach Mentor Program

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- ❖ Experienced coaches (U12 & up)
  - ▶ Assist new coaches with
    - Getting started
    - Paperwork
    - Attend first few practices and games
    - Available for questions
    - Notify Vivien D'Andrea if interested
- ❖ “Retired” coaches can participate when own kids move on (or can ref!)



# Final Thoughts

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- ❖ Today's slideshow available on web soon
- ❖ Need today:
  - ▶ Completed Evaluation Form
  - ▶ Completed Volunteer Form sent to CC
- ❖ Need ASAP:
  - ▶ Names of potential referees (to [rra@ayso43.org](mailto:rra@ayso43.org))
  - ▶ Safe Haven completed (online)
- ❖ Have a great season!
- ❖ Keep in touch!
- ❖ **Have fun!**

THANK YOU!



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❖ What you've all been waiting for:

# EQUIPMENT DISTRIBUTION

